

Introduction to Mediation and Conflict

Summary

This short introductory ‘taster’ session explores some of the basic principles of mediation, and the mediation process.

Who is the course for?

There are no formal entry requirements, but those who know little or nothing about mediation are likely to benefit more.

Learning Outcomes

Learners will be able to:

- Understand the basic principles of mediation
- Understand the basic mediation process as used in community mediation and some other types of mediation
- Have an opportunity to learn and have a short practice of one key skill in resolving conflicts more effectively
- Have an insight into how our Mediation Skills training might feel.

How you'll be taught

We aim to provide a safe and enjoyable atmosphere for learning. Our style is highly interactive, and we use small group work, group discussion and role-play.

Assessment procedure

This course is not assessed.

Fees and Booking

This short workshop is free of charge. To book, see website (Eventbrite link)

Dates: see website, each session will run 1½ hours

Venue: online, using Zoom

Cost: free of charge

CPD details

This course is equivalent to 1½ hours Continuing Professional Development